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## Energy, Power and Efficiency Worksheet

### Q1.

An object of 2.0 kg mass is pulled by a force of 25 N. If the object is moved over a distance of 3 m, what is the work done?

### Q2.

The figure shows a boy using a force of 300 N to move a sofa. How far did he move the object if the work done by the boy is 600 J?

### Q3.

An object of 2.0 kg mass is pulled by a force of 25 N at an angle of  $30^\circ$  from a horizontal surface. If the object is moved over a distance of 3 m, what is the work done?

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**Q4.**

The figure shows a boy of mass 40 kg pushing a book downwards with a force of 200N. Calculate the work done by the boy.

**Q5.**

Two students Lee and Bong run up a hill. Lee is 1.5 times heavier than Bong and yet both Lee and Bong manage to ascent the peak of the hill at the same time.

- Who did the most work?
- Who delivered the most power?

**Q6.**

Calculate the kinetic energy of a 20 g tennis ball travelling at  $40 \text{ ms}^{-1}$

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**Q7.**

A car of mass 1500 kg is travelling at a velocity of  $50 \text{ ms}^{-1}$ . Calculate the kinetic energy of the car.

**Q8.**

A coin of mass 20 g falls from a height of 20 m to the ground. Calculate the gain of kinetic energy when the coin is 5 m above the ground. ( $g = 9.8 \text{ ms}^{-2}$ )

**Q9.**

A boy throws a pebble vertically upwards with a speed of  $15 \text{ ms}^{-1}$ . What is the maximum height reached by the pebble? [2 potential methods of solving]

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**Q10.**

An object of 200 g mass is thrown upwards with a velocity of  $5 \text{ ms}^{-1}$ . What is the maximum height gained by the object? ( $g = 10 \text{ ms}^{-2}$ )

**Q11.**

Find the elastic potential energy of spring if the spring constant is  $2 \text{ kNm}^{-1}$ .

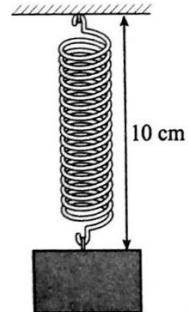
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**Q12.**

The figure shows a load attached to a spring. The original length of the spring is 7 cm. Find the EPE of the spring if the spring constant is  $2 \text{ kNm}^{-1}$ .

*Figure 2***Q13.**

A motor lifts a 3.0 kg load to a height of 2.5 m in 5s. Calculate the power output of the motor. ( $g = 10 \text{ ms}^{-2}$ )

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**Q14.**

A boy of mass 50 kg climbed up a staircase of height 4 m in 5s. What is the power delivered by the boy?

**Q15.**

A motor rated 100 W has been operating for 150 s. If the efficiency of the motor is 75%, how much work is done by the motor?

**Q16.**

The cheetah is the fastest creature on land and has a output power of 800 W and an efficiency of 20%. Calculate

- a) The work done by the cheetah in 10s
- b) The energy input of the cheetah

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**Q17.**

A machine with rated power 40 W operates for 15 minutes. If the efficiency of the machine is 45%, how much work is done?

**Q18.**

The figure shows an apple of mass 100 g hanging on a branch of a tree. The height of the apple to the ground is 4m [ $g = 9.8 \text{ ms}^{-2}$ ]

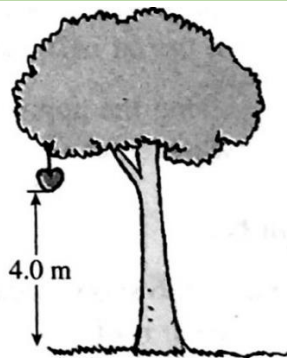


Figure 3

- a)
  - i) What kind of energy does the apple possess when hanging on the branch of the tree?
  - ii) State the energy conversion that take place when the apple fall to the ground.
- b)
  - i) Calculate the KE of the apple just before it hits the ground.
  - ii) What is the velocity of the apple just before it hits the ground?
- c) Find the impulsive force on the apple if the apple takes 0.1 s to come to a rest completely.